

Adult Experiential Learning Cycle

Actively engaging staff in their learning is referred to as experiential. Learning activities should be designed to recognize the knowledge and experience that people bring to their role. Rather than lecturing or telling, you can set up actual experiences that enable participants to draw on their own conclusions, to examine their own attitudes, to get excited about a new idea, to see a skill in action, to learn from other participants and practice new ways of behaving.

